



# CBS EXPRESS

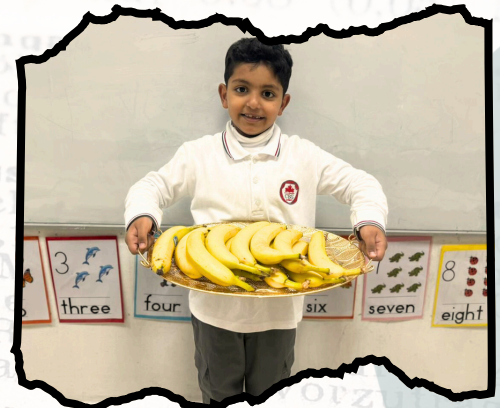
DECEMBER/JANUARY 2025

VOL: 10 ISSUE 4

## Parent Engagement Workshops



## Apple & Banana Days



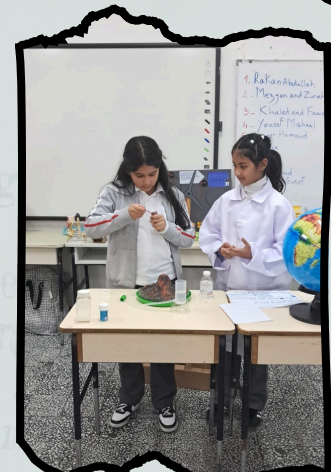
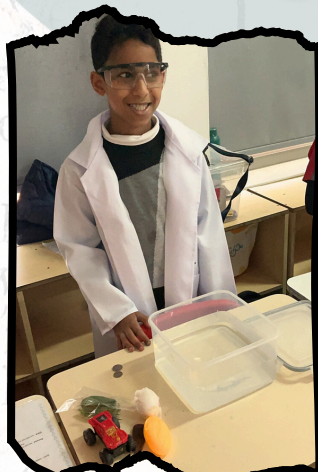
## Creative Hat Day



## Sports Day



## STEAM Fair





# Highlights of the month

## Apple & Banana Day

### Promotes Healthy Living

Apple & Banana Day focused on nutrition and wellness through engaging activities about balanced diets and healthy eating habits, aligning with the school's commitment to promoting a healthy lifestyle.



## Creative Hat Day

Students showcased their creativity on Creative Hat Day by crafting unique hats from recycled materials. A colorful hat day celebrated sustainability and originality, bringing joy to all.





# Highlights of the month

## Sports Day

CBS hosted its Annual Sports Day, filled with exciting athletic events, fostering teamwork and sportsmanship. Students participated in various competitions, and the day ended with a prize distribution ceremony. The event highlighted the importance of physical activity in education, bringing the school community together in celebration.




## Parent Engagement Workshops

Grades 1 and 2 parents participated in interactive workshops featuring creative learning activities. The sessions strengthened home-school connections and inspired families by showcasing classroom teaching methods.








## Editor's Note

# "THE WRITING JOURNEY: FROM SCRIBBLES TO MASTERPIECES"

## The Stages of Writing: A Developmental Process

---



Writing is a fundamental skill that evolves in stages, each marking progress in a learner's ability to express ideas through written language. Understanding these stages helps educators and caregivers provide targeted support to foster growth.

The *pre-writing stage* is where the writing process begins. At this stage, writers brainstorm ideas, identify their purpose and audience, and organize thoughts using tools like graphic organizers and outlines. This planning phase sets the foundation for successful writing.

In the *emergent writing stage*, young learners start experimenting with scribbles, shapes, and random letters to represent words. They gradually recognize that writing is a way to convey meaning. As they progress to the *early writing stage*, children form recognizable letters, write their names, and attempt phonetic spelling, such as "frend" for "friend."

The *developing writing stage* sees improvements in sentence structure, vocabulary, and punctuation. Writers begin forming cohesive sentences and paragraphs while exploring grammar rules. The *transitional writing stage* marks a significant leap in skills, with the use of complex sentences, logical sequencing, and an emerging sense of style.

Throughout the process, *revising and editing* refine the content, ensuring clarity and correctness. Finally, the *publishing stage* allows writers to share their work with others, fostering pride in their achievements and encouraging further growth.

Supporting each stage with appropriate tools and encouragement is key to nurturing capable and expressive writers. By understanding this journey, educators and parents can help learners develop writing skills that empower them to communicate effectively and creatively throughout their lives.

*Ms. Henna*

Editor-in-Chief



# CBS Student Council

The Student Council's events were a huge success, allowing kids to practice empathy, generosity, and constructive social relationships. Throughout the week, students participated in activities that encouraged self-analysis and emotional intelligence, strengthening the school's inclusive and respectful culture. By participating in these efforts, students were reminded of the value of acting compassionately and considering the feelings of others in their daily lives.

I am kind

Under the direction of Abdulwahab and Omar Khaled, the "Kindness Think Tank" session prompted students to consider real-world situations and provide compassionate solutions. Omar gave two examples, including a student who is having trouble carrying large luggage and a classmate who feels excluded from a group project. The session was conducted by Abdulwahab, who invited students who raised their actions that could improve their rapport and create a more compassionate environment at school.

Alizeh conducted the "Compliment Chain" exercise to mark the end of the week. Students could offer and receive genuine comments, spreading goodwill across the assembly. Each student gave a good word to the person behind them, and it was then relayed to the next individual. By the end of the exercise, every student had taken part in this positive interaction, which raised self-esteem and fostered a stronger feeling of community. The week's events effectively promoted a more encouraging and upbeat school climate emphasizing compassion and understanding.

Abdullah Mubarak Al Enizi

9B



# Character Traits at CBS

## - Global Citizenship -

## Global Issues

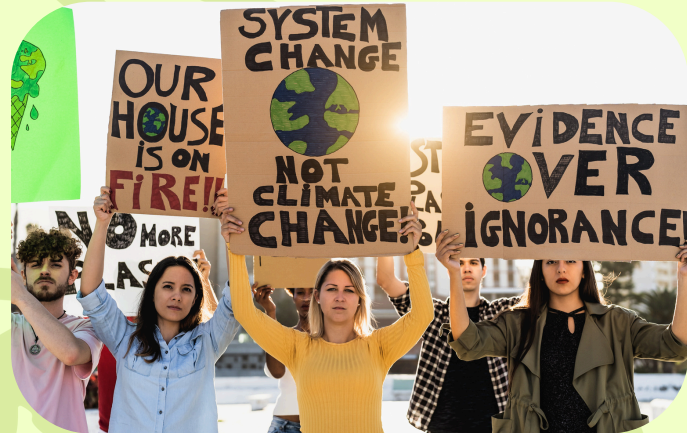
### 1. Climate Change:

#### Causes:

Human activities (burning fossil fuels, deforestation)

#### Solutions:

- Transition to renewable energy sources.
- Implement sustainable agricultural practices.
- Encourage international cooperation on climate initiatives.



### 2. Food Insecurity:

#### Causes:

Poverty, conflicts, climate change, economic factors.

#### Solutions:

- Invest in agricultural development and infrastructure.
- Support smallholder farmers with resources and financial assistance.
- Promote nutrition education and food fortification.



### 3. Health Inequalities:

#### Causes:

Economic inequality, lack of access to healthcare.

#### Solutions

- Expand healthcare coverage for underserved population.
- Address social determinants for health ( housing, education)
- Promote public health campaigns to raise awareness of disparities.



Al Ghalyah Ibrahim Al Ghemlas



# - Global Citizenship -

## Global Warming and Pollution

### Introduction

Global Warming and Pollution are growing issues, heavily effecting global communities and ruin natural sights like ice caps.

### What Happens If These Issues are not Solved

Heat waves will become more frequent and severe around the world, it would affect millions even billions of people if we don't take action.

### Solutions

Sustainable transport

Greater energy efficiency

Renewable energy

Buy better bulbs

Cut emissions

Increasing electric vehicle options



**Keep our  
world clean,  
Protect our  
environment**



# Character Traits at CBS

## - Problem Solving -

### Workplace Productivity Issue Solution

#### Problem:

Declining productivity at work due to disengaged employees and lack of motivation.

#### Key Issues:

- Low employee morale, outdated work processes, unclear goals.
- Involves entire team, management style, and resource constraints.

#### Solutions:

- Conduct surveys/interviews to identify disengagement causes.
- Implement time-management tools for organization.
- Introduce incentives to boost performance.
- Revise work processes and improve communication.
- Provide regular feedback to clarify expectations.

#### Action Plan:

- Conduct surveys and meetings to identify challenges.
- Use project management tools like Trello to track tasks.
- Set clear goals and start a rewards program.
- Implement regular feedback sessions.
- Complete changes within 3 months.

#### Evaluation:

- Measure engagement and productivity after implementation.
- Conduct follow-up surveys and compare KPIs.
- Adjust strategies based on results and employee feedback for continuous improvement.



Zahraa Jawad Al Tarrah

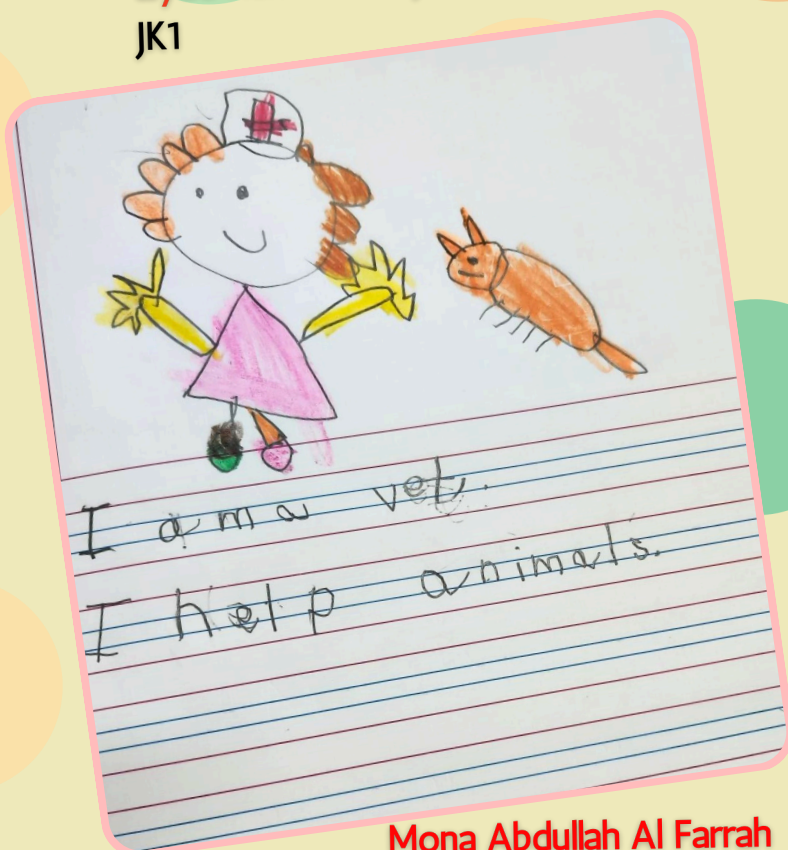


# Busy Little Hands



Zyad Hamad Al Ajmi







JK1



Mona Abdullah Al Farrah

JK3

26 November 2020

Look	Trace	Write
	pen	pen
	dog	dog
	cat	cat
	bed	bed
	jam	jam
	tap	tap

Ghena Majed Al Basman

JK2





Mohamed Mustafa Farag

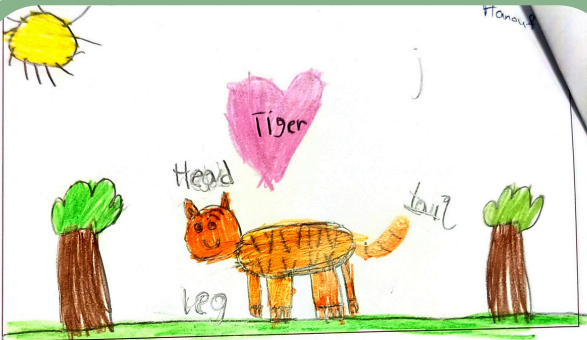
1A



This report is all about a monkey.  
 A monkey can jump.  
 They like to play.  
 A monkey lives in the jungle.  
 They eat bananas.  
 Now I know all about a monkey.

## GRADE 1

# FACTS AND OPINIONS



All About About Tiger Tiger  
 This report is all about a tiger.  
 Tiger.  
 It is wild animal.  
 It eats meat.  
 It lives in the jungle.  
 It has stripes.

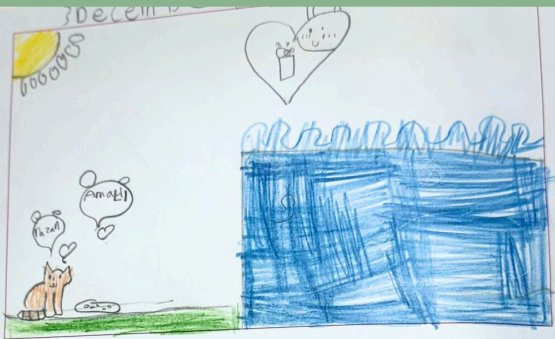
I like Tiger because  
 It is strong.  
 It has a tail.  
 Now you know all about  
 a Tiger.

Hanouf Khaled Al Shalahi

1B







This report is about my cat.  
 My cat is my pet.  
 My cat's name is Pango.  
 She is white and orange.  
 My cat like to drink milk.  
 She likes to play with her toy.  
 Now you know all about my cat.




Razan Tareq Boresli

1C

## GRADE 1


# FACTS AND OPINIONS



All About My Cousin.  
 This is my cousin.  
 Her name is Lara.  
 She likes dolls.  
 She is kind.  
 She lives in Kuwait.  
 That is all about my cousin.

Naser Ahmad Al Bughili

1D



All About My Sister.  
 This is my sister.  
 Her name is Hatan.  
 She likes to sing.  
 She can play the piano.  
 I think she is the best sister  
 ever.

Fares Mohammad Mahmoud


1E



# GRADE 3 INFORMATION WRITING

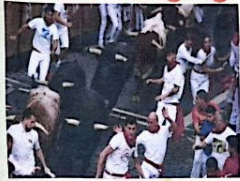
## -Country brochures-

### Spain Geography




Spain is in Southwestern Europe. Spain geography is very varied.

### Facts about Spain




Every year hundreds of people run with bull in Pamplona.



Madrid is home to the oldest restaurant in the world.

### Spain Flag



The Spanish national flag consists of three horizontal stripes - red, yellow and red stripe being half the width of the central yellow stripe.

### Food of Spain



Naser  
Paella

Paella is considered the national dish.



Churros

And churros are a favorite dessert in Spain.

### Language of Spain



The official language in Spanish or Castilian Spanish, which is spoken by all citizens.

### Culture of Spain



Spanish culture is a unique culture that includes literature, visual arts, cuisine, and dance. The most famous of these dances is the Flamenco dance.





Hanadi Ahmad Mohammad  
3B

**Egypt Geography**  
Southern Egypt landscape contains low mountains and desert. Northern Egypt has wide valleys near the Nile and desert to east and west.



**Flag**  
The national flag of Egypt is a tricolor consisting of three equal horizontal bands of red, white, and black with the Arab Liberation Flag.



**Important Facts about Egypt**  
Official name: Arab Republic of Egypt.  
population: 111.2 million  
Area: 1,001,450 sq. km.  
Capital city: Cairo.  
major languages: Arabic.  
major religions: Islam.

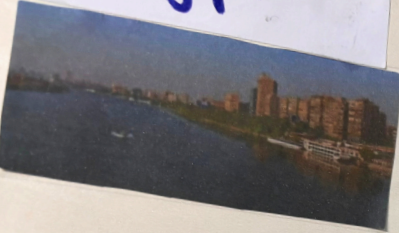
**Food**  
Koshary. Ago to street food, Koshary (also Kushari or Koshari) is regularly deemed the national dish of Egypt.



Done by:  
Hanadi Ahmad  
3B


# GRADE 3 INFORMATION WRITING -Country brochures-

**Facts about Egypt**



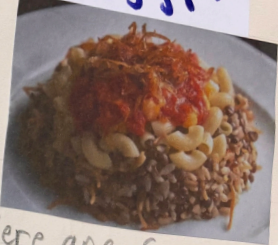
Ancient civilization: Egypt is home to one of the world's oldest civilizations with its history spanning over 5,000 years. The Nile River: the Nile is the longest river in the world.

**Egypt flag**



The flag of Egypt consists of three horizontal stripes of red, white, and black, with the national emblem (the Eagle of Saladin) in the center of the white stripe.

**Food of Egypt**



Here are some popular and traditional foods of Egypt:  
1-koshari  
2-ful medames  
3-molokhia

Sarah Faisal Al Ghunaim  
3C



# Grade 5

## Poetry Corner

### Quatrain Poem about Friendship

I love my friend because he is light and bright.  
I hug my friend super tight.  
My friend is as calm as a waterfall.  
My other friend is super tall.



My friend likes me, and he is kind.  
My friend is nice and super fun.  
I thought of a game with my friend called "Line."  
My friend and I like to run.

My friend fed Fred the frog.  
In my friend's house, he has a dog.  
He makes me laugh by saying something funny.  
My friend and I read a book about a cat called Runny!

**Naser Ali Al Dhahi**

5A





# Grade 5

## Poetry Corner

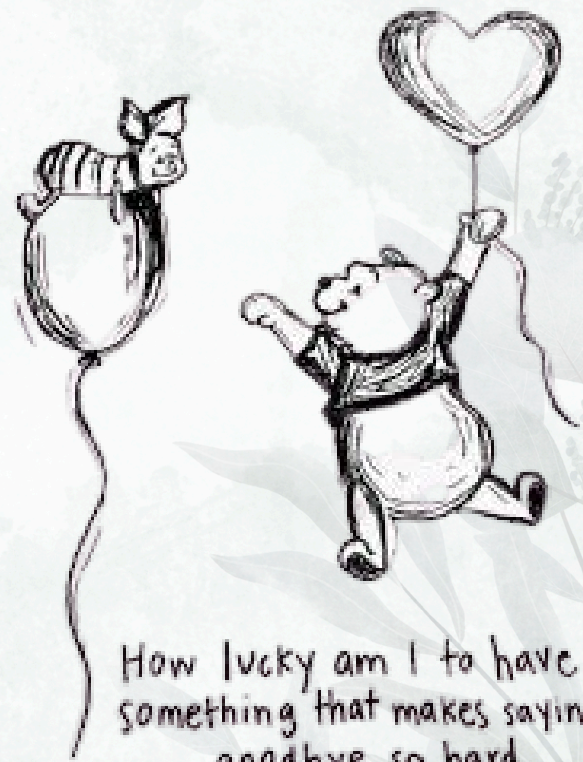
### Quatrain Poem about Pe

Hello, my best friend,  
This is the end,  
Because you are going to another school.  
As such, we must follow the rule.

Don't be very bored,  
Because you are already a lord.  
So don't be mad,  
Because you will end up being sad.

You are the best,  
Better than the rest.  
Even though we are apart,  
You will stay in my heart.

**Mohammad Jassim Al Kandari**  
5B



How lucky am I to have  
something that makes saying  
goodbye so hard.

- Winnie the Pooh





# Grade 7 - Poetry Corner



## Sunset



As beautiful as a sunset's glow,  
I recall it every Sunday, you know.  
It fills my thoughts, consumes my mind,  
I'd never leave it behind.

It's been with me my whole life through,  
Always a friend, so loyal and true.  
If it leaves, my heart will ache and bleed,  
But if it stays, my love will never fade.



Salman Dawoud Mohammad

7A



# Grade 7 - Persuasive Essay

**Why you should read the** 

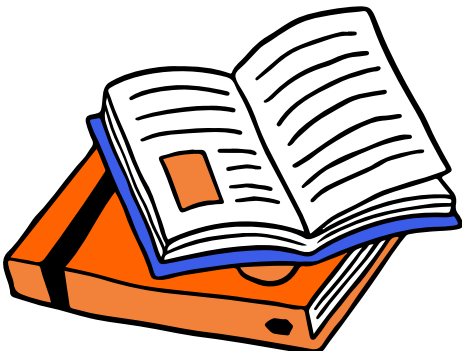
 **Novel CHAMP!**

Reading 'Champ' is a fun way to get your words in a day and has many benefits. It's a book that not only entertains but also inspires readers to think and grow.

To start with, it is interesting after a few pages. I could not stop reading for days. After a chapter or two, you will too. While reading it, I felt like I could not stop. The story is so engaging that it pulls you in and makes you feel like you are part of the adventure. It's not just a book; it's an experience that will leave you wanting more.

Second reason, reading is a way to exercise or train your intelligent brain, or reading will only make you smarter in many ways. So, reading 'Champ' will have benefits. It helps you develop focus, improve your vocabulary, and build your imagination. The more you read, the more your mind grows, and 'Champ' is the perfect book to start with.

Reading 'Champ' is a fun way to become smart and exercise or train your brain. Reading 'Champ' will only affect you positively. It's an enjoyable way to spend your time while gaining skills that will benefit you in the long run.



Abdullah Ebrahim Abdullah

7B

# Grade 9 – Poetry Corner

## ***Celebrating Nature's Creatures***

Pets at home bring love and joy every day.  
 With wagging tails that shine bright in the sky.  
 They jump and play in a lively way.  
 Our animal companions make us laugh and sigh.  
 In the vast oceans, the fish swim and swirl.  
 Whales that whisper wondrous tales in the waves.  
 Dolphins that leap like fireworks in the night and twirl.  
 Octopuses that creep through the darkness in their caves.  
 In the wild, where animals roam so free.  
 Lions roar like thunder, strong and bold.  
 Each creature lives its life in glee.  
 Each creature lives its life in glee.  
 In nature's arms, their stories unfold.  
 So, let's love them all, both big and small  
 For in their hearts, we find joy for all.

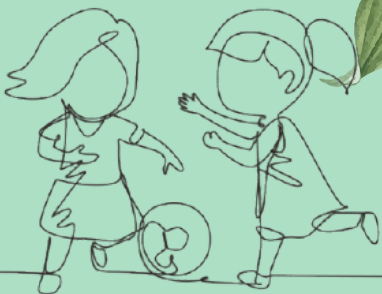
**Roshaney Khan Amin**

9A

In sunny skies where silly smiles play,  
 Two friends together, like stars in the night.  
 We laugh and dance, our worries drift away,  
 With every secret shared, our hearts take flight.  
 Your voice is music, sweet as honey's gold,  
 With every joke, we paint the world so bright.  
 Through storms and sunshine, our bond won't grow old,  
 Like superheroes, we conquer with might.  
 Though mountains rise, and oceans stretch so wide,  
 I'd swim through waves just to see your face.  
 Our friendship's treasure, a joyful ride,  
 Together forever, we'll find our place.  
 So here's to us, my friend, side by side,  
 In this grand adventure, our hearts will glide.

**Zainab Ali Al Kout**

9B





# Grade 11 - Poetry Corner

## "A LANDLORD"

A DREAM, A DREAM, A DREAM, OF  
THE SWEETEST LANDS  
FROM HERE TO HEAVENS' END,  
THE FIELDS ARE RADIANT FROM  
THE WHITE LACE,  
THE BIRCHES AND STEMS LEAP AND  
BEND.

THE HILLS IN THE LANDS  
BENEATH THE ROVING SUN,  
FROM GREEN TO WHITE IT PASS,  
AND THE TRIFLING BREEZES RUN  
SHHHHHHH.

SO GOOD IT IS, SO HEAVENLY IT IS,  
SO CALM IT IS, SO PURE IT IS,  
ANYONE WHOSE EYES MAY LOOK  
AT THIS  
MUST BE HAPPIER, FOR SURE.

IT LOOKS AS BLISSFUL AS HEAVEN  
A FARM OR A HOUSE WILL LOOK  
GREAT ON IT  
A FARM FULL OF SHEEP AND PLANT,  
A HOUSE WITH A LANDSCAPE VIEW.

NOT ONLY THE LANDS OF EARTH  
THAT I GRANT,  
BUT SOME LAND WITH MR. MUSK  
THAT I DRAFT  
A DAYDREAM OR A NIGHT-DREAM,  
WHY NOT DREAM BIG IF THEY  
ALWAYS SAY TO DO.

AHMED TURKI AL  
NUWAIHEDH  
11A



# Grade 11 - Poetry Corner

## Trip to France

In France, where snowy peaks  
touch the highest sky,  
At just nine years old, I  
felt myself fly,  
Through clouds spun like  
candy, soft and so sweet,  
Woah! It's to the point that  
I can't feel my meat!

The mountains wore blankets  
of shimmering white,  
As whispers of magic danced  
in the light.  
Each snowflake, a star that  
had fallen from the night.  
felt alive with excitement,  
like laughter so tight.

I stood on the bright moon,  
where dreams couldn't fall,  
Outside of the earth, yet I  
felt so enthralled.  
Like a bird on the breeze, I  
soared with delight,  
In a world spun from  
stardust, everything is  
bright.



*Hamad  
Nassem*



# Grade 11 - Poetry Corner

## Trip to France - p. 2

The pines wore their coats of  
frosty delight.  
As shadows of giants loomed  
tall in the night.  
Their laughter echoes, both  
distant and near.  
Filling my spirit with wonder  
and cheer.

Yet a riddle wrapped around  
my heart like a song,  
Surrounded by beauty, where I  
truly belonged.

In that cave, I danced,  
though the cold water drops,  
A child in a dream where the  
winter was mine.

With every soft footprint, I  
painted my trail,  
In snowflake of wonder, where  
my heart prevails.  
A memory frozen, forever it  
gleams,  
A tapestry woven from  
childhood's sweet dreams.



*Hamad  
Naseem*

**Hamad Anwar Al Naseem**

**11B**

---



# Art Corner



Hessah Ahmad 3A

Hessah Ahmad Abul  
3A



Dalal Jassim

3B

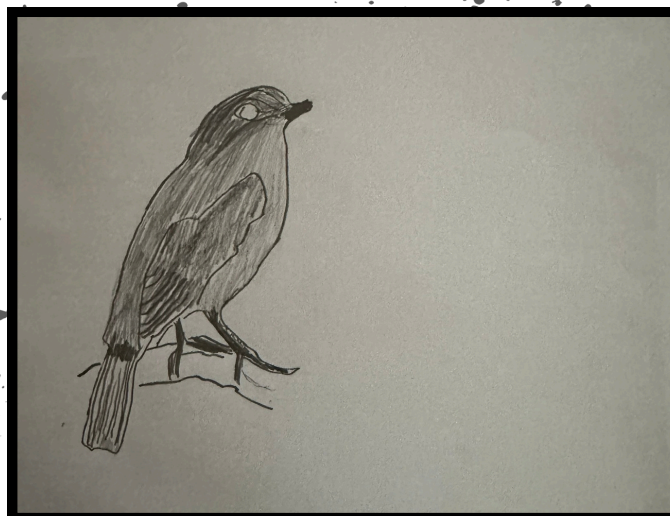
Dalal Jassim Al Kandari  
3B



Al Anoud Mohammad Al Nemran  
3C



Yousef Abdullah Al Shatti  
5A



Shaikha  
Abdulrahman  
Bodraid  
5B



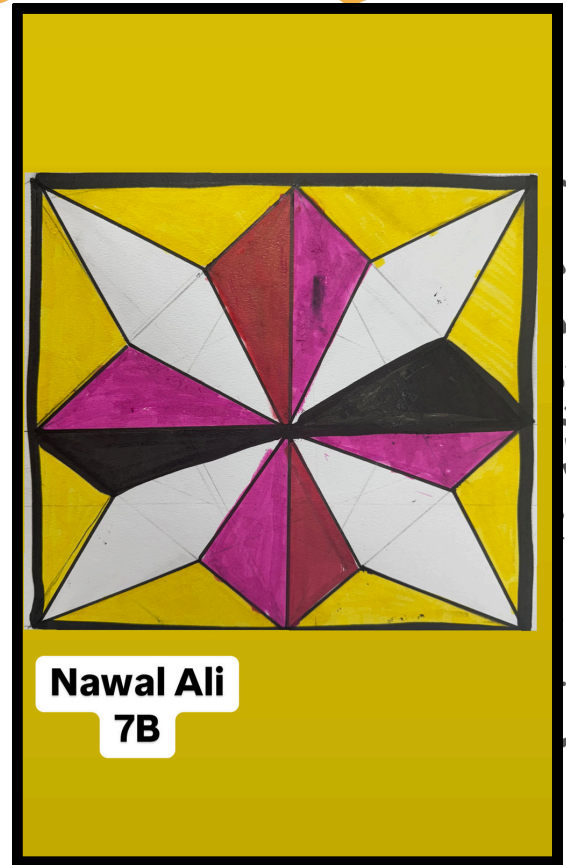
# Art Corner



Shahad & Nouf  
7A

Shahad Ahmad Al Fadhly and Nouf Raed Sultani

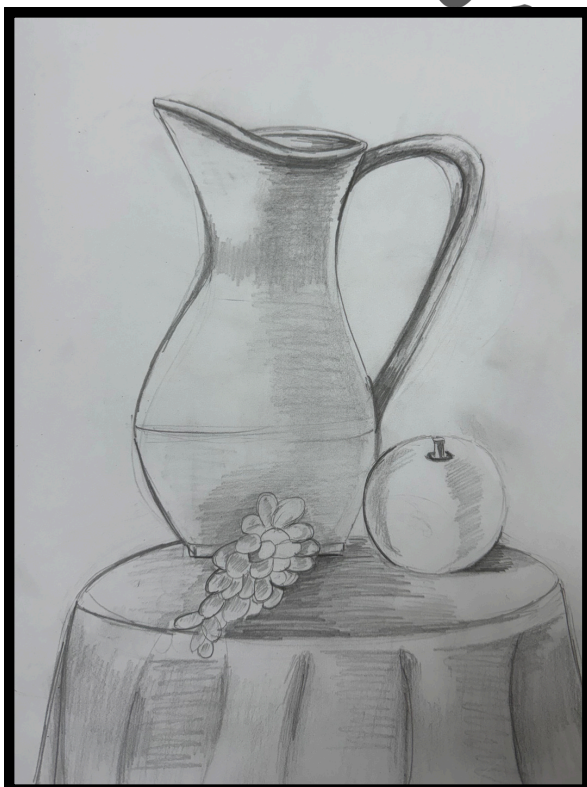
7A



Nawal Ali  
7B

Nawal Ali Al Hubaiter

7B



Roshaney Khan Amin

9A



Zainab 9B

Zainab Ali Al Kout

9B



# Fun Page

## Salt Painting for Kids - How to Salt Paint

1. First, print off a template.
2. Begin by tracing the snowflakes with your glue.
3. Now is the first fun part - sprinkle on your salt!
4. Now shake off your excess salt from your page and you should have something that looks like this



5. Now you can begin to paint with your watercolors!
6. Once you're done, let your painting dry.

# Fun Page

## FUN FACT OF THE DAY

Did you know that rainwater can help reduce pollution in the air?

When it falls, it actually cleans the air by capturing dust and pollen.



## RIDDLE



People buy me to eat, but never eat me. What am I?

## Wilford and Blue Life on the Farm





# UPCOMING EVENTS

## AT CBS

- 2nd of February - Student Re-Registrations Begin
- 5th of February - Green Team: Beach Cleanup 2
- 5th of February - Bake Sale Q3
- 6th of February - Paws for a Cause
- 6th of February - 100 Days of School - Grandparents Day
- 9th of February - Healthy Living: Cucumber Day
- 12th of February - HS Young Authors Day/ Book Character Day
- 13th of February - ES Young Authors Day/ Book Character Day
- 19th of February - Sem II After-School Clubs End
- 20th of February - Local University Fair (Gr 11-12)
- 24th of February - National Day Celebrations + Fun Day
- 25th-26th of February - National Day/ Liberation Day (tentative)
- 27th of February - Graish Celebration (HS)

